

## **Wellbeing and Arts Partnership Meeting November 11<sup>th</sup> 2009 Minutes**

### **Well being and Arts Partnership:**

Philippa Forsey and Lesley Featherstone from **nesa** revisited the key objectives of the Well-being and Arts Partnership and how the objectives dovetailed with the Learning Revolution Transformation Fund which **nesa** has been awarded and which will develop, informal, creative learning for adults of 19+years. [See Key Objective/ Transformation Fund paper]

### **Mapping our Creative Links:**

Using a large sheet of paper and existing **nesa** projects to inspire discussion, members contributed their own projects and ideas to develop a bigger picture of what is currently happening in B&NES. From this the group were able to:

- Define natural groupings of interests and organisations
- Highlight established and potential connections

The meeting then broke into small groups to explore developing these potential links and connections and develop potential project ideas. Three key areas were identified and a commitment made to develop Steering Groups to take these forward.

- Older People
- Creative Links, Mental Health
- Artists support and development

Other key issues identified had a more overarching remit, e.g. working with people with learning disabilities, access and support, early intervention/prevention.

Intergenerational projects were also seen to be a valuable element in working with older people, but this would not be possible using the Transformation Funding because of age restrictions. If other organisations were able to contribute further funding this could be considered.

### **Learning Resources:**

Philippa Forsey outlined **nesa**'s initial thoughts on the use and development of a website to encourage projects to share, communicate and interact and to develop opportunities for Information, Advice and Guidance, signposting participants to new opportunities. Learning resources would be available on the site [and as printed resources] and available to learners, providers and artists.

It was agreed that using participants stories, exploring the use of audio or video recording [preference expressed for audio recording, as identifying participants can cause issues for participants and their families]. Links could be made to community radio, talking books and local BBC radio.

The project requires that computers are made available for learners at workshops, as there is a strong digital inclusion element of the project.

The project also aims to explore with participants and provider organisations the better signposting of opportunities and the most appropriate support mechanisms to enable them to access creative learning opportunities.

The next Wellbeing and Arts Partnership Meeting will take place on **December 16<sup>th</sup> 2009. 9:30am to 2pm.** Attendees would like the meeting:

- To include information and input from B&NES Service Commissioners, B&NES and NHS Trust
- Provide a showcase for participants work
- Share developing project plans

Invitations to the next meeting should be carefully targeted and all Partnership members should be asked to forward their invitations to key potential partners on their own databases.

### **Notes from Mapping Exercise**

Members wanted to see the following overarching concerns and agendas met in Project Development:

- Pooling resources
- Developing Community cohesion: intergenerational and marginalised groups projects
- Pathways of Care:
  - Early Intervention/Prevention
  - Engagement, involvement and support mechanisms
  - Progression opportunities and long term progressive interventions
- Development of Consortia
- Learning resources and IAG (information, advice and guidance) available in a variety of formats
- Consistency of staff/ Trust
- Information sharing: Publicity of activities; Interagency meetings; info packs; parish newsletters

### **Mapping Exercise to define areas of common interest and potential future projects**

This list is made up from input from the November 09 Wellbeing and Arts Partnership meeting. The group would like to see continued additions to the mapping exercise with projects, project partners, issues and ideas. Please contact **nesa** if you have some information that might be added 01761 438553 or [info@nesa.ukcom](mailto:info@nesa.ukcom)

## **Older People**

### **Issues**

- Accident prevention, specifically falls prevention.
- Mental Health
- Mental Health Severe
- Social isolation/ loneliness
- Intergenerational projects

### **Existing Projects**

- AWP Positive Living Groups – arts activity with recovery focus
- Community Learning Service Over 60's project

### **New Project Ideas**

- Arts and creativity
- Singing for the brain for day services and dementia related problems
- Community concerts
- Lifeforce Storytelling, reminiscence, creative writing and personal stories

### **Project Partners**

- B&NES Public Protection Health Dev Worker
- AWP MH Trust Older Peoples Community Services
- Community Learning Service

## **Mental Health**

### **Issues**

- Need referrals from GP's and social workers to initiate preventative wellbeing initiatives and ongoing support
- Crisis intervention
- Need links to community
- Access support

### **Existing Projects**

- Digital Photography and Rambling, Radstock, nesa
- Pottery and Garden Project, Bath, COT & nesa
- My Time My Space, Peasedown St John, nesa & Childrens Services
- Soundwell Music Trust

### **New Project Ideas**

- Sunshine Drumming, inclusive programme for all groups
- C.A.T. looking to provide arts psychotherapies in B&NES communities
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### **Project Partners**

- C.O.T. (Community Options Team)
- Sedgemoor HomeLink – supporting MH service users to maintain tenancies & signpost
- Health Trainers
- CAT psychotherapies

## **Families**

### **Issues**

- Postnatal Depression
- Intergenerational
- Community Links

### **Existing Projects**

- My Time My Space, Peasedown St John, nesa & Childrens Services
- Children's Services

### **New Project Ideas**

- Snowhill
- Lifeforce storytelling

### **Project Partners**

- Children's Services
- IAPT Psychological Therapies
- B&NES Public Protection Health Dev Worker

## **Learning Difficulties**

Creative Ideas fir accident prevention day with Connections Day services

## **Forensic Mental Health**

Need early intervention and prevention pathways

## **Artists Training and Development**

Support events

Professional development: Mental Health awareness and supervision

## **Other Project areas identified:**

Snowhill Family art project,

Carers Project 'Give us a break',

Genesis Homeless,

Recovery and Prevention groups: The Inspirational Art Group

AWP Service user involvement

## **Wellbeing and Arts Partnership Meeting Evaluation**

What did you get out of this event?

Was it useful to you?

Good to get an overview of where projects are and get ideas from different organisations.

Fantastic to network and share ideas

Great event – shared creative ideas – food for thought. Really useful wider creative thinking

Really useful event – excellent opportunity to share ideas and thoughts

Fantastic opportunity to network, make links, support each other and increase collaboration

Could the event be improved?  
Are G.P.'s well informed?  
The venue was cold