



nesa  
creative change

\* Photography by Anna Proctor



annual report  
**2006-07**



## Chair's **Review**

During 2006-07 **nesa** worked with 11,730 people across Bath & North East Somerset. We delivered 73 innovative projects across our three key areas of Arts & Health, Neighbourhood Arts and Young People & Creativity, and gave creative opportunities to a wide range of different communities.

2006-07 has been a year of considerable change. The staff team has adapted extremely well despite the loss of two long-standing staff members Caroline Green and Sally Miles (the original 'team' from the inception of **nesa**) and Cathy Poole, our Project Manager.

However, we have welcomed two new colleagues, Alison Smith (Office Manager) and Mags MacRae (Development Worker) both of whom have settled in extremely well.

Lesley Featherstone took over as Director in June 2006, since when there has been an explosion of creativity through projects such as Transformations, Where I Live and RAP+ with

new partnerships forged to strengthen existing projects and develop new ones, including working with Somer Community Housing Trust, the Primary Care Trust, Educational establishments and Social/Care organisations in large multi-agency schemes.

**nesa** has strengthened its Board membership with two new trustees (Margaret Heffernan & Chris James), continues to expand its marketing activity thereby raising awareness of the positive outcomes of the work and sets a precedent in the field of socially engaged participatory arts practice in the South West.

Jo Day - Chair of the Board of Trustees

# Young People, Creativity & the Arts

*27 projects, 15 artists, 169 sessions, 558 people, 3357 attendances*

**nesa** in partnership with Bath & North East Somerset Youth Service delivers a programme of creative activity through the Youth Clubs, enabling planning and execution by the young people of arts activities linked to current issues affecting their lives.

## Heritage Lottery Fund 'Young Roots' - Water Memories Making History

An innovative project engaging young people in making as a learning methodology. Gaining an insight and understanding of heritage, using water as the common factor in the making process. This is an ongoing 18 month major project.

## Every Child Matters & Youth Matters achievements during 2006-07

### Be Healthy:

- Street Dance - 'Get Active' arts project linked to obesity awareness
- Arts Café healthy eating awareness
- Capoeira martial arts dance and music
- Young Minds Mental Health initiative

### Stay safe:

- Legitimate Graffiti
- 'Henry Wells Memorial' excessive speed driving awareness
- Capoeira martial arts dance and music

### Enjoy and achieve:

- Throughout the programme - integral to all projects

### Make a positive contribution and achieve economic well being:

- Arts Café Radstock Youth Centre
- DAFBY Children and Young Peoples Service consultation document DVD
- Southside regeneration consultation DVD
- Keynsham Public Art - St Keyna stone carving
- Steering group for 'Young Roots' project

*"Can we put together a fashion show? - we can make stuff for it"*



*"We didn't have anything to do in Bishop Sutton until 'Young Roots' and nesa supported our Youth Club"*

# Arts & Health

*18 projects, 12 artists, 141 sessions, 158 people, 898 attendances*

Photo by Anna Proctor



## Over to You

This innovative partnership project between **nesa**, Health Visitors and Health Promotion supports women with postnatal depression in 'My Time My Space' offering quality arts activity and professional support. **nesa** identified the need for extended support after the 'My Time My Space' course has finished and in 'Over To You' helps sustain activity. 'Over To You' has facilitated the set up and running of voluntary art groups, training, project management and funding advice. 'My Time My Space' evaluation procedures have been reviewed and the project process has been recorded on a DVD to disseminate outcomes and methodologies to create a more visible profile of this successful project.

*"I've learnt new skills and made new friends - the combination has made me feel confident and capable."*

Photo by Anna Proctor

## Fit for Life

Through arts activity, 'Fit for Life' has helped develop new ways of thinking about healthy bodies and improving self image in young people at risk of becoming obese. The project ran in partnership with St Nicholas Primary School, Radstock, and the Health Visitor team as an after school activity.

The children worked with two professional artists: a sculptor and physical theatre artist exploring issues of body image and identity integrated with discussion about healthy eating. The process was recorded on DVD to document and disseminate the model of practice to artists, arts organisations and health professionals.

Project evaluation found that children learnt new physical and mental skills and were proud of their achievements and abilities, increasing self esteem and confidence. There was a high level of excitement, engagement and attendance throughout.

*"There was a tangible buzz in the school."*

Headteacher

*"I think it was great and I want to do it again."*

Participant

Photo by Anna Proctor



## Transitions

**nesa** worked in partnership during 2006 with the Women's Aid Refuge in Bath using the arts to help the women express their responses to the domestic violence they had experienced and the loss of their homes. The project supported them to envision a new life, building the confidence and self-esteem needed to face the challenges ahead of them.

*"I think it really helped me to take my mind off things and I enjoyed it very much."*

*"I think it's a brilliant idea for women suffering domestic violence. I really enjoyed the silk painting and would like to learn other things."*



Photo by Anna Proctor

## Fathers Art Project

The Fathers Art project aims to move vulnerable fathers in South Bath from being isolated individuals to contribute positively to group work and community life. A pilot project ran from September - December 2006 beginning an engagement process with the fathers and identifying their needs. The men all have needs that keep them out of work and through using the arts the project endeavours to build self-esteem and confidence, increase social connections and enhance family life.

## Creative Links

Creative Links is a continuing arts-based learning programme for people with mental health challenges in Bath & North East Somerset. Artists work with participants to support their progression from workshops within the safe environment of a mental healthcare setting, to their active involvement in arts projects and courses within local colleges and arts/community venues.

This year Creative Links facilitated a wider Arts and Health review to consider opportunities to expand the remit of the project involving new partners, issues and focus, to include preventative health work/health promotion and wellbeing and explore the potential for different approaches.

## MOSAIC

MOSAIC is a project for people who are from black and minority ethnic communities in Bath & North East Somerset who have experienced emotional distress and other mental health issues. It encourages self-help, self-development and growth through individual and group activities.

A series of arts workshops began in August 2006 where the group had an active role in deciding on activities, recruiting artists and developing a programme of arts including percussion and singing, painting, sculpture and mask making.



# Neighbourhood Arts

29 projects, 14 artists, 93 sessions, 259 people, 688 attendances



## Radstock Art Project (RAP)

**nesa's** flagship neighbourhood arts initiative has undergone major changes in 2006-07 from being a hub of artistic activity for the locality to spearheading community-engagement activities across Bath & North East Somerset involving groups from Norton Radstock and disseminating cultural practices between the heritage city of Bath and the surrounding rural areas through a new strand of funding called RAP+.



**HIDDEN PLACES**

In the culmination of RAP's work during 2006 there was the 'Hidden Places' project - a 9-month scheme culminating in a huge creative community showcase. Hidden Places used the examination, celebration and exploration of aspects of the locality as a starting point for generating a huge range of different interpretation of the theme. Individuals and groups in the community took part by contributing their own, independently created works for the showcase 16th September to 1st October 2006.

*"We enjoyed it. The students enjoyed it. It sparked off other ideas in their own work and didn't end there."*  
**Chris Barker, Head of Art, Norton Radstock College.**

*"Loved the sense of voices, people and secret hidden locations and layered photography."*  
**(Mo Kishwicz, visitor to exhibition)**

## Transformations, Keynsham

This project works in close partnership with Somer Community Housing Trust who is starting a redevelopment programme to replace their pre-cast concrete housing stock with modern homes - beginning in Caernarvon Road, Keynsham. For some residents this will be the end of an era, and for all of them it marks a new beginning. Homes holding up to fifty years' worth of memories will be making way for new houses and flats.

Artists Jill Carter and 4Reel Films are working with current and recent residents to document and explore the process of change and all the attendant emotions and undercurrents. Outcomes will include a book and accompanying DVD, plus installations, events and interventions involving the wider public.

Cathy McMahon of Somer Community Housing Trust says "It's really important to the Trust that residents affected by the redevelopment have the opportunity to have their say and express their views, thoughts and feelings about the changes, [it] gives them an opportunity to make something lasting that acknowledges the past and helps shape the future."

## The Art Group



Now in its third year, 'The Art Group' has continued to provide creative opportunities in a supportive environment for vulnerable children aged 6-11.

The Barnardo's Norton Radstock Family Centre and **nesa** deliver 10-week programmes which allow children to sample a range of art forms and utilise new ways to express 'big' feelings about their challenging family circumstances. The focus is very much on fun and creativity rather than on therapeutic methods, but the process has a positive impact on children's wellbeing, self esteem and behaviour.

FINANCIAL STATEMENT YEAR ENDING 31ST MARCH 2007

Income and Expenditure	Unrestricted Fund 2006/07	Restricted Fund 2006/07	Total Funds 2006/07	Total Funds 2005/06
<i>Incoming Resources</i>				
Donations	0	0	0	0
Grants/Earned Income	52,700	163,661	216,361	203,599
Interest Received	1,754	0	1,754	1,086
Other Income	764	0	764	0
<b>Total Incoming resources from continuing operations</b>	<b>55,218</b>	<b>163,661</b>	<b>218,879</b>	<b>204,685</b>
<i>Resources Expended</i>				
Charitable Expenditure	52,119	181,488	233,607	214,462
Management and Administration	2,639	0	2,639	2,837
<b>Total resources expended</b>	<b>54,758</b>	<b>181,488</b>	<b>236,246</b>	<b>217,299</b>
<b>Net incoming/(outgoing) before transfer</b>	<b>460</b>	<b>-17,827</b>	<b>-17,367</b>	<b>-12,614</b>
Transfer between funds	5,110	-5,110	0	
Fund balance brought forward at 1st April 2006	3,219	51,805	55,024	67,638
<b>Fund balance carried forward at 31st March 2007</b>	<b>8,789</b>	<b>28,868</b>	<b>37,657</b>	<b>55,024</b>

There were no other recognised gains or losses during the year

Balance sheet as at 31st March 2007	2007	2007	2006	2006
<i>Fixed Assets</i>				
Tangible fixed assets		26,956		44,476
<i>Current Assets</i>				
Stock	3,224		4,400	
Debtors	9,104		26,470	
Cash at bank	78,059		29,995	
<b>Total</b>	<b>90,387</b>		<b>60,865</b>	
<b>Liabilities falling due within one year</b>	<b>-79,686</b>		<b>-50,317</b>	
Net current assets		10,701		10,548
Total assets less current liabilities		37,657		55,024
<i>Net Assets</i>				
Funds				
Restricted		28,868		51,805
Unrestricted		8,789		3,219
<b>Total funds</b>		<b>37,657</b>		<b>55,024</b>

# Total incoming resources for 2006/07 have been analysed as earned income £127951 and grants £90928

\* The reserve of £37657 consists of £28868 awaiting depreciation and an unrestricted amount of £8789

**nesa** depreciates capital equipment over 5 years but the Charities Statement of Recommended Practice does not allow for grants received to be deferred over more than one year. The decrease, comparing 2006 with 2007, is explained as follows: -

Depreciation during the current year	- £ 19,030
Stock written down	- £ 1,022
Minus	
Additional capital funding	£ 1,510
Profit for the year	£ 1,175
Recorded "loss"	- £ 17,367

**nesa** Board confirms that these summarised accounts are a summary of information from the full annual accounts which were approved by the Board on 26th July 2007. The summarised accounts may not contain sufficient information to allow for a full understanding of the financial affairs of the charity. Copies of the annual accounts upon which the auditors Moore Stephens have reported without qualification are available on request.

The trustees have identified and reviewed the major risk to which **nesa** is exposed, classifying them in terms of likely occurrence and the impact they may have on the organisation. The trustees have established systems to mitigate those risks. **nesa**'s risk assessment is an on going process and is regularly reviewed and updated to reflect changes in circumstances.

**Shirley Steel** – Vice Chair

## Board of Trustees

Jo Day (Chair)  
Shirley Steel (Vice Chair)  
Geraldine Buchanan  
Peter Crooke  
Ralph Wynne-Griffiths  
- Company Secretary (from Sep 06)  
Mike Newman  
Anna Smith  
Chris James (from Dec 06)  
Margaret Heffernan (from Dec 06)

## Observers to the Board

nesa invites representatives from the following organisations to observe Board Meetings:

Bath & North East Somerset Council  
Norton Radstock Town Council

## Other Officers Serving the Board

Sally Miles - Company Secretary (until Aug 06)

## Staff

### Director

Caroline Green (until May 06)  
Lesley Featherstone (from Jun 06)

### Organisational Development Project Manager

Cathy Poole (until Oct 06)

### Radstock Art Project

Karen MacDonald (until Oct 06)

### Arts & Health

Philippa Forsey

### Young People & Creativity

Andrew Henon

### Neighbourhood Arts

Karen MacDonald (from Nov 06)

### RAP+

Mags Macrae (from Feb 07)

### Financial Administrator

David Bethell

### Administrator

Sally Miles (until Aug 06)

### Office Manager

Alison Smith (from Nov 06)

### Admin & IT Manager

Sheila Hedges

### Marketing Officer

Samantha Williams

### Bankers

**National Westminster Bank**  
**3 High Street, Midsomer Norton BA3 2ZY**

### Auditors

**Moore Stephens Chartered Accountants**  
**30 Gay Street, Bath BA1 2PA**

nesa would like to thank all the artists and consultants that have worked with us in delivering our high quality participatory arts projects.

nesa would like to give special thanks to the many volunteers who contributed their time and energy to nesa over the course of the year.

nesa gratefully acknowledges the financial support in 2006-07 from:

Bath & North East Somerset Council  
Arts Council England  
Norton Radstock Town Council  
Peasedown St John Parish Council  
Quartet Community Foundation  
Local Network Fund for Children  
Somer Community Housing Trust  
Heritage Lottery Fund



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### nesa

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